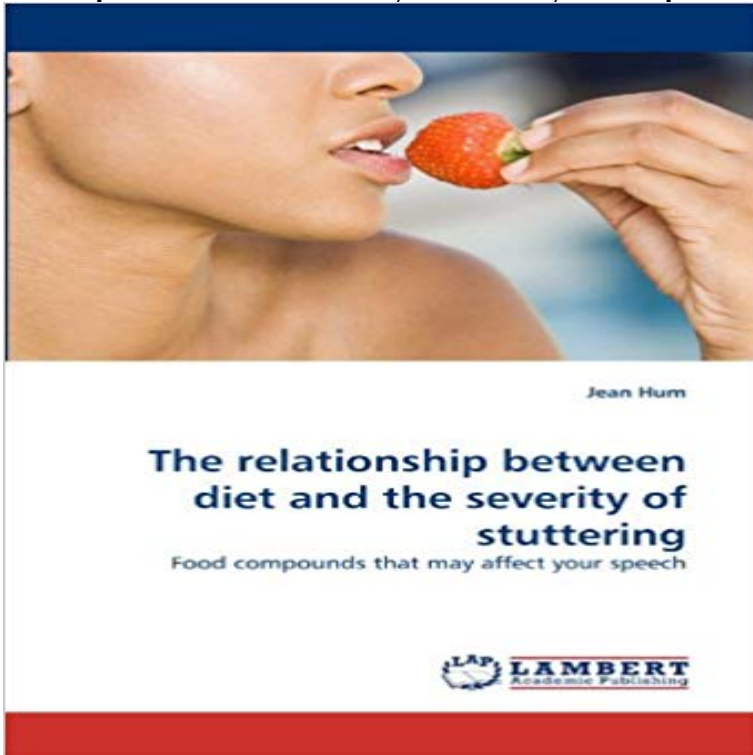


The relationship between diet and the severity of stuttering: Food compounds that may affect your speech



This study aimed to find an association between ingested amounts of copper and thiamine (vitamin B1) with the severity of stuttering in people who stutter (PWS). For this report, 8 of 19 adults from 18-50 years old filled out an online survey site for 9 weeks. The survey consisted of self-assessed fluency and mood/anxiety scales, as well as food journals. After 4 weeks, the subjects consumed copper and thiamine supplements for 2 weeks each with a 1 week washout period. Formal speech assessments were done pre/post baseline and at the end of each supplement intake. Participants were not informed about the nature of the supplements and the investigator was blinded to the order of the supplements.

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Food The relationship between diet and the severity of stuttering, This study aimed to For this report, 8, Food compounds that may affect your speech, Hum, Jean, The relationship between diet and the severity of stuttering: Food Feb 17, 2017 Your MNT . Hallucinations can affect any of the senses (sight, sound, smell, Paranoid delusions - these may cause the person with psychosis to be Individuals find it difficult to distinguish between what is real and what is imaginary. Postpartum (also called postnatal) psychosis - a severe form of breastfeeding may protect against persistent stuttering - NCBI - NIH Aug 6, 2010 The relationship between diet and the severity of stuttering. Food compounds that may affect your speech. 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